

## Music and Dance Phrase Outline

Counts	Detail #	Music Phrase / Section Summary	Finger Cymbals

### 1. Section Summary (8 cts)

**Step:** Jamila Steps go here [1-4], Jamila Steps go here [5-8]. If Default Only.

**Feet:** Steps go here [1-4], more notes [5-6], and more, with commas between if needed [7-8].

**Hips:** Steps go here [1-8].

**Hips 2:** Steps go here [1-8].

**Torso:** Steps go here [1-8].

**Torso 2:** Steps go here [1-8].

**Arms:** Steps go here [1-8].

**Head:** Steps go here [1-8].

**Eyes:** Steps go here [1-8].

**Z:** 3-1-3-1-3 [1-4], 3-3-7 [5-8].

**Notes:** Steps go here [1-8].

**Emotion:**

**Staging:** Steps go here [1-8].

**Music:** Steps go here [1-8].

7	8	9
4	5	6
1	2	3
1	2	3
4	5	6
7	8	9

### 2. Section Summary (8 cts)

**Step:** Jamila Steps go here [1-4], Jamila Steps go here [5-8]. If Default Only.

**Feet:** Steps go here [1-4], more notes [5-6], and more, with commas between if needed [7-8].

**Hips:** Steps go here [1-8].

**Hips 2:** Steps go here [1-8].

**Torso:** Steps go here [1-8].

**Torso 2:** Steps go here [1-8].

**Arms:** Steps go here [1-8].

**Head:** Steps go here [1-8].

**Eyes:** Steps go here [1-8].

**Z:** 3-1-3-1-3 [1-4], 3-3-7 [5-8].

**Notes:** Steps go here [1-8].

**Emotion:**

**Staging:** Steps go here [1-8].

**Music:** Steps go here [1-8].

7	8	9
4	5	6
1	2	3
1	2	3
4	5	6
7	8	9

7	8	9
---	---	---

**3. Section Summary (8 cts)**

**Step:** Jamila Steps go here [1-4], Jamila Steps go here [5-8]. If Default Only.

**Feet:** Steps go here [1-4], more notes [5-6], and more, with commas between if needed [7-8].

**Hips:** Steps go here [1-8].

**Hips 2:** Steps go here [1-8].

**Torso:** Steps go here [1-8].

**Torso 2:** Steps go here [1-8].

**Arms:** Steps go here [1-8].

**Head:** Steps go here [1-8].

**Eyes:** Steps go here [1-8].

**Z:** 3-1-3-1-3 [1-4], 3-3-7 [5-8].

**Notes:** Steps go here [1-8].

**Emotion:**

**Staging:** Steps go here [1-8].

**Music:** Steps go here [1-8].

4	5	6
1	2	3
1	2	3
4	5	6
7	8	9

**4. Section Summary (8 cts)**

**Step:** Jamila Steps go here [1-4], Jamila Steps go here [5-8]. If Default Only.

**Feet:** Steps go here [1-4], more notes [5-6], and more, with commas between if needed [7-8].

**Hips:** Steps go here [1-8].

**Hips 2:** Steps go here [1-8].

**Torso:** Steps go here [1-8].

**Torso 2:** Steps go here [1-8].

**Arms:** Steps go here [1-8].

**Head:** Steps go here [1-8].

**Eyes:** Steps go here [1-8].

**Z:** 3-1-3-1-3 [1-4], 3-3-7 [5-8].

**Notes:** Steps go here [1-8].

**Emotion:**

**Staging:** Steps go here [1-8].

**Music:** Steps go here [1-8].

7	8	9
4	5	6
1	2	3
1	2	3
4	5	6
7	8	9