

Key Elements Listed to include in your plan:

SL1

***ONLINE CLASSES**

***SALIMPOUR STORE ~ for supplies** <https://www.salimpourstore.com/collections/all>

SL1 workshop – plan & schedule

Suhaila L1 Study Guide Manual

The New Danse Oriental Manual (*Finger Cymbal Breakdowns - written*)

Cymbal Jams downloads (*Finger Cymbal Breakdowns - audio*)

L1 Drill Breaks downloads

Rhythm ID CD

Level 1 Finger Cymbals L & R dom on the Jamila Tri-Fold

JL1

***ONLINE CLASSES ~ A must**

- doing the available classes 8-10 times each (or more !!)

***SALIMPOUR STORE ~ for supplies** <https://www.salimpourstore.com/collections/all>

JL1 workshop – plan/schedule

The New Danse Oriental Manual (*Finger Cymbal Breakdowns - written*)

Cymbal Jams downloads (*Finger Cymbal Breakdowns - audio*)

Finger Cymbal Manual download (*historical reference*)

Suhaila L1 Study Guide Manual (*for reference*)

Rhythm ID CD

Read "From Many Tribes" on Resources page under "Featured Articles"

Jamila's ICMED speech on Resources page under "Featured Articles"

Archive Series Jamila steps found in the Online classes PPV; learn and memorize.

JL1 Step Families (default and reverse) + Finger Cymbals Level 1; L & R dom

Article Book

Compendium Vol. 1

SL2

***ONLINE CLASSES ~ A must**

***SALIMPOUR STORE ~ for supplies** <https://www.salimpourstore.com/collections/all>

SL2 workshop - plan/schedule

Suhaila Format L1 Manual (*for reference*)

Cymbal Jams downloads

L2 Drill Breaks downloads

Rhythm ID CD

Level 2 Finger Cymbals L & R dom

Nomenclature – memorize

All SL2 required reading listed on main site including (Article Book & Compendium Vol.

1)

SL2 pre workshop projects listed on the main site

SL2 Finger Cymbal Drum Solo

Start Listen to Suhaila Sets

JL2

***ONLINE CLASSES ~ A must**

- doing the available classes 8-10 times each (or more!!)

***SALIMPOUR STORE ~ for supplies <https://www.salimpourstore.com/collections/all>**

JL2 workshop - plan/schedule

The New Danse Oriental Manual

Suhaila Format L1 Manual (for reference)

Cymbal Jams downloads

Rhythm ID CD

Jamila Nomenclature – memorize

Read "From Many Tribes" on Resources page under "Featured Articles"

Jamila's ICMED speech on Resources page under "Featured Articles"

Archive Series Jamila steps found in the Online classes PPV; learn and memorize.

JL1 & JL2 Step Families (default and reverse) + Finger Cymbals Level 1&2; L & R dom

Article Book & Compendium Vol. 1

Start Listen to Jamila Sets

El Samer & Shams El Shamouseh

Record Certification choreos

Skype Private with L5 for Cert Choreo eval to enter test Chute

JL2 pre workshop projects listed on the main site.

Recommended Extra

- **Ali Gara**
- **Finger Cymbal Dance**
- **Vibrations work**
- **Umm Kulthum: A Voice Like Egypt DVD**
- **Belly Dancers of Cairo Documentary DVD**

- **Compositions Every Belly Dancer Know CD**
- **Issam Houshan: Ear for Rhythms Series (Online Classes)**
- **Ziad Master Class: Beg. Technique & Rhythm (Online Classes)**